



DATE:	01-07-2024	TIME:	04:04 PM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			88
BREATHING RATE:			10
OXYGEN SATURATION:			98
BLOOD PRESSURE:			118 / 71
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			36
PRQ:			9.19
ACTIVITY:			5
SLEEP:			5
EQUILIBRIUM:			4
METABOLISM:			4

DATE:	01-07-2024	TIME:	04:04 PM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK