



DATE:	25-06-2024	TIME:	04:33 PM
NAME:	Khaled Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		56	51
BREATHING RATE:		11	8
OXYGEN SATURATION:		98	94
BLOOD PRESSURE:		109/75	105/70
STRESS LEVEL:		Low	Low
HEART RATE VARIABILITY:		86	71
PRQ:		5.0	5.8
ACTIVITY:		4	-1
SLEEP:		1	-1
EQUILIBRIUM:		4	-1
METABOLISM:		4	-1

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RELAXATION:		3	-1
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK