



DATE:	23-05-2024	TIME:	03:08 PM
NAME:	RajS		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		88	
BREATHING RATE:		20	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		138 / 85	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		29	
PRQ:		4.48	
ACTIVITY:		5	
SLEEP:		3	
EQUILIBRIUM:		1	
METABOLISM:		1	

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RELAXATION:		1	
HEMOGLOBIN:		Coming soon	
HBA1C:		Coming soon	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK