



DATE:	02-06-2024	TIME:	10:42 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		51	60
BREATHING RATE:		12	11
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		131 / 82	120 / 84
STRESS LEVEL:		Low	High
HEART RATE VARIABILITY:		132	94
PRQ:		4.20	5.74
ACTIVITY:			3
SLEEP:		1	2
EQUILIBRIUM:		3	5
METABOLISM:		3	5

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RELAXATION:		4	3
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:		Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK