



DATE:	04-06-2024	TIME:	09:37 AM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		97	
BREATHING RATE:		24	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		121 / 93	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		54	
PRQ:		4.10	
ACTIVITY:		4	
SLEEP:		4	
EQUILIBRIUM:		1	
METABOLISM:		1	

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RELAXATION:		3	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK