



DATE:	22-08-2024	TIME:	08:27 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			61
BREATHING RATE:			12
OXYGEN SATURATION:			98
BLOOD PRESSURE:			120 / 84
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			62
PRQ:			5.08
ACTIVITY:			4
SLEEP:			4
EQUILIBRIUM:			5
METABOLISM:			5

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK