



DATE:	25-08-2024	TIME:	05:10 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			65
BREATHING RATE:			15
OXYGEN SATURATION:			98
BLOOD PRESSURE:			120 / 80
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			71
PRQ:			4.34
ACTIVITY:			5
SLEEP:			2
EQUILIBRIUM:			3
METABOLISM:			3

DATE:	25-08-2024	TIME:	05:10 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK