



DATE:	14-05-2024	TIME:	11:30 AM
NAME:	Bernadett		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		78	
BREATHING RATE:		12	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		117 / 72	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		40.49	
PRQ:		6.63	
ACTIVITY:		4	
SLEEP:		4	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		Coming soon	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK