



DATE:	16-04-2024	TIME:	12:54 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	68	90	
BREATHING RATE:	20	22	
OXYGEN SATURATION:	98	98	
BLOOD PRESSURE:	119 / 82	121 / 82	
STRESS LEVEL:	High	High	
HEART RATE VARIABILITY:	52.15	52.14	
HEMOGLOBIN:	14.42	15.82	
HBA1C:	5.85	5.80	
CHOLESTEROL:	138.64	149.27	
PRQ:	3.39	3.99	
ACTIVITY:	5	4	

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SLEEP:	4	5	
EQUILIBRIUM:	4	3	
METABOLISM:	4	3	
RELAXATION:	2	3	
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK