



DATE:	17-04-2024	TIME:	07:48 AM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	70		
BREATHING RATE:	20		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	120 / 83		
STRESS LEVEL:	High		
HEART RATE VARIABILITY:	46.41		
HEMOGLOBIN:	14.12		
HBA1C:	5.80		
CHOLESTEROL:	138.60		
PRQ:	3.44		
ACTIVITY:	5		

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SLEEP:	5		
EQUILIBRIUM:	5		
METABOLISM:	5		
RELAXATION:	2		
<u>NOTES:</u>			

VITAL SIGNS
LOG BOOK