



DATE:	29-03-2024	TIME:	12:59 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		45	
BREATHING RATE:		17	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		117 / 87	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		59.20	
HEMOGLOBIN:		14.61	
HBA1C:		5.89	
CHOLESTEROL:		150.63	
PRQ:		2.60	
ACTIVITY:		3	

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SLEEP:		4	
EQUILIBRIUM:		3	
METABOLISM:		3	
RELAXATION:		1	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK