



DATE:	31-03-2024	TIME:	02:32 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		61	
BREATHING RATE:		15	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		111 / 79	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		81.83	
HEMOGLOBIN:		14.76	
HBA1C:		5.80	
CHOLESTEROL:		177.83	
PRQ:		4.06	
ACTIVITY:		5	

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SLEEP:		1	
EQUILIBRIUM:		3	
METABOLISM:		3	
RELAXATION:		3	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK