



DATE:	09-05-2024	TIME:	01:23 AM
NAME:	Mostafa Farouq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	69		
BREATHING RATE:	26		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	122 / 78		
STRESS LEVEL:	High		
HEART RATE VARIABILITY:	34.14		
PRQ:	2.67		
ACTIVITY:	4		
SLEEP:	4		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	1		
HEMOGLOBIN:	Coming soon		
HBA1C:	Coming soon		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK