



DATE:	12-07-2024	TIME:	06:27 PM
NAME:	Mostafa Farouq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			69
BREATHING RATE:			23
OXYGEN SATURATION:			98
BLOOD PRESSURE:			124 / 67
STRESS LEVEL:			Mild
HEART RATE VARIABILITY:			13
PRQ:			2.96
ACTIVITY:			2
SLEEP:			2
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK