



DATE:	14-05-2024	TIME:	08:58 PM
NAME:	Mostafa Farouq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			60
BREATHING RATE:			22
OXYGEN SATURATION:			98
BLOOD PRESSURE:			146 / 104
STRESS LEVEL:			High
HEART RATE VARIABILITY:			38.11
PRQ:			2.78
ACTIVITY:			4
SLEEP:			5
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			Coming soon
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK