



DATE:	24-08-2024	TIME:	11:59 AM
NAME:	hala		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		60	
BREATHING RATE:		22	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		133 / 80	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		93	
PRQ:		-1.00	
ACTIVITY:		3	
SLEEP:		3	
EQUILIBRIUM:		5	
METABOLISM:		5	

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RELAXATION:		4	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK