



DATE:	10-05-2024	TIME:	06:26 PM
NAME:	Lucy Chiu		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		88	81
BREATHING RATE:		18	12
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		112 / 85	114 / 78
STRESS LEVEL:		High	High
HEART RATE VARIABILITY:		32.04	30.80
PRQ:		4.81	6.50
ACTIVITY:		4	4
SLEEP:		4	4
EQUILIBRIUM:		4	4
METABOLISM:		4	4

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RELAXATION:		2	2
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		Coming soon	Coming soon
CHOLESTEROL:		Coming soon	Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK