



DATE:	30-05-2024	TIME:	07:24 PM
NAME:	Lucy Chiu		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			77
BREATHING RATE:			21
OXYGEN SATURATION:			98
BLOOD PRESSURE:			112 / 87
STRESS LEVEL:			High
HEART RATE VARIABILITY:			35
PRQ:			3.73
ACTIVITY:			4
SLEEP:			5
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK