



DATE:	12-07-2024	TIME:	06:08 PM
NAME:	Shehab Heddaya		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		53	102
BREATHING RATE:		12	15
OXYGEN SATURATION:		98	-1
BLOOD PRESSURE:		120 / 80	123 / 80
STRESS LEVEL:		Low	Normal
HEART RATE VARIABILITY:		45	33
PRQ:		4.25	6.63
ACTIVITY:		4	4
SLEEP:		5	4
EQUILIBRIUM:		3	4
METABOLISM:		3	4

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RELAXATION:		1	2
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		6.5	6.5
CHOLESTEROL:		Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK