



DATE:	06-06-2024	TIME:	01:48 PM
NAME:	ismail		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		54	
BREATHING RATE:		17	
OXYGEN SATURATION:		97	
BLOOD PRESSURE:		120 / 84	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		73	
PRQ:		3.09	
ACTIVITY:		5	
SLEEP:		2	
EQUILIBRIUM:		3	
METABOLISM:		3	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK