



DATE:	06-06-2024	TIME:	03:58 PM
NAME:	Roy		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		76	
BREATHING RATE:		13	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		125 / 91	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		32	
PRQ:		6.08	
ACTIVITY:		4	
SLEEP:		4	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		1	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK