



DATE:	08-06-2024	TIME:	11:02 PM
NAME:	Bill Harris		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			84
BREATHING RATE:			20
OXYGEN SATURATION:			97
BLOOD PRESSURE:			135 / 69
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			65
PRQ:			4.25
ACTIVITY:			
SLEEP:			3
EQUILIBRIUM:			3
METABOLISM:			3

DATE:	08-06-2024	TIME:	11:02 PM
NAME:	Bill Harris		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK