



DATE:	09-06-2024	TIME:	08:48 PM
NAME:	Bill Harris		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			85
BREATHING RATE:			15
OXYGEN SATURATION:			98
BLOOD PRESSURE:			95 / 66
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			75
PRQ:			5.49
ACTIVITY:			
SLEEP:			2
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK