



DATE:	11-06-2024	TIME:	09:14 AM
NAME:	Shatha albaik		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		72	
BREATHING RATE:		9	
OXYGEN SATURATION:		94	
BLOOD PRESSURE:		113 / 83	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		53	
PRQ:		7.76	
ACTIVITY:		5	
SLEEP:		4	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
NOTES:			

# VITAL SIGNS

## LOG BOOK