



DATE:	10-06-2024	TIME:	11:10 PM
NAME:	Mariam Shaker		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			68
BREATHING RATE:			17
OXYGEN SATURATION:			94
BLOOD PRESSURE:			119 / 66
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			28
PRQ:			4.02
ACTIVITY:			4
SLEEP:			4
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

# VITAL SIGNS

## LOG BOOK