



DATE:	11-06-2024	TIME:	06:31 PM
NAME:	Jk		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			46
BREATHING RATE:			17
OXYGEN SATURATION:			94
BLOOD PRESSURE:			117 / 88
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			113
PRQ:			-1.00
ACTIVITY:			
SLEEP:			2
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			4
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK