



DATE:	13-06-2024	TIME:	02:54 PM
NAME:	ahmed		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	110	107	
BREATHING RATE:	35	19	
OXYGEN SATURATION:	-1	98	
BLOOD PRESSURE:	123 / 86	134 / 83	
STRESS LEVEL:	Normal	Low	
HEART RATE VARIABILITY:	39	61	
PRQ:	3.17	5.78	
ACTIVITY:	5	3	
SLEEP:	4	3	
EQUILIBRIUM:	4	5	
METABOLISM:	4	5	

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RELAXATION:	3	4	
HEMOGLOBIN:	Coming soon	Coming soon	
HBA1C:	4.0 – 5.6	4.0 – 5.6	
CHOLESTEROL:	Coming soon	Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK