



DATE:	21-06-2024	TIME:	08:22 PM
NAME:	christina dimitropoulos		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			88
BREATHING RATE:			19
OXYGEN SATURATION:			98
BLOOD PRESSURE:			136 / 81
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			19
PRQ:			4.69
ACTIVITY:			3
SLEEP:			3
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK