



DATE:	19-07-2024	TIME:	10:21 AM
NAME:	ELeni		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		60	
BREATHING RATE:		13	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		114 / 76	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		73	
PRQ:		4.52	
ACTIVITY:			
SLEEP:		5	
EQUILIBRIUM:		1	
METABOLISM:		1	

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RELAXATION:		3	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK