



DATE:	22-06-2024	TIME:	11:37 AM
NAME:	kl		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		97	
BREATHING RATE:		12	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		117/88	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		83	
PRQ:		7.9	
ACTIVITY:		2	
SLEEP:		2	
EQUILIBRIUM:		3	
METABOLISM:		3	

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RELAXATION:		3	
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	
CHOLESTEROL:			
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK