



DATE:	25-06-2024	TIME:	08:50 AM
NAME:	Muath alanazi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		110	
BREATHING RATE:		24	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		113 / 86	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		67	
PRQ:		-1.00	
ACTIVITY:		4	
SLEEP:		4	
EQUILIBRIUM:		5	
METABOLISM:		5	

DATE:	25-06-2024	TIME:	08:50 AM
NAME:	Muath alanazi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:		4	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK