



DATE:	25-06-2024	TIME:	10:37 AM
NAME:	Hamdi Ben Marzouk		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		81	
BREATHING RATE:		16	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		123/71	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		77	
PRQ:		4.9	
ACTIVITY:		3	
SLEEP:		3	
EQUILIBRIUM:		4	
METABOLISM:		4	

DATE:	25-06-2024	TIME:	10:37 AM
NAME:	Hamdi Ben Marzouk		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:		4	
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK