



DATE:	26-06-2024	TIME:	08:38 AM
NAME:	said Allari		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	72	63	
BREATHING RATE:	19	20	
OXYGEN SATURATION:	98	97	
BLOOD PRESSURE:	131 / 67	123 / 67	
STRESS LEVEL:	Low	Low	
HEART RATE VARIABILITY:	68	49	
PRQ:	3.83	3.19	
ACTIVITY:	3	4	
SLEEP:	3	4	
EQUILIBRIUM:	4	4	
METABOLISM:	4	4	

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RELAXATION:	3	2	
HEMOGLOBIN:	Coming soon	Coming soon	
HBA1C:	4.0 – 5.6	4.0 – 5.6	
CHOLESTEROL:	Coming soon	Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK