



DATE:	01-07-2024	TIME:	04:41 PM
NAME:	dkt		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			55
BREATHING RATE:			23
OXYGEN SATURATION:			98
BLOOD PRESSURE:			113/66
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			121
PRQ:			2.3
ACTIVITY:			4
SLEEP:			1
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			4
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK