



DATE:	07-07-2024	TIME:	06:36 PM
NAME:	Constantine Gundunas		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	78		80
BREATHING RATE:	7		19
OXYGEN SATURATION:	94		94
BLOOD PRESSURE:	117/85		119/84
STRESS LEVEL:	Low		Low
HEART RATE VARIABILITY:	51		49
PRQ:	10.6		4.1
ACTIVITY:	3		2
SLEEP:	5		4
EQUILIBRIUM:	4		2
METABOLISM:	4		2

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RELAXATION:	2		2
HEMOGLOBIN:			
HBA1C:	4.0 – 5.6		4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK