



DATE:	13-07-2024	TIME:	03:28 PM
NAME:	Mohga		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		63	
BREATHING RATE:		10	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		133 / 67	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		30	
PRQ:		6.41	
ACTIVITY:		5	
SLEEP:		5	
EQUILIBRIUM:		5	
METABOLISM:		5	

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RELAXATION:		1	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK