



DATE:	22-07-2024	TIME:	06:16 PM
NAME:	Hager Essam		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			123
BREATHING RATE:			22
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			117 / 90
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			31
PRQ:			5.68
ACTIVITY:			4
SLEEP:			4
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK