



DATE:	29-07-2024	TIME:	06:33 PM
NAME:	Indigo		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			93
BREATHING RATE:			24
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			125 / 87
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			37
PRQ:			3.84
ACTIVITY:			4
SLEEP:			5
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK