



DATE:	01-08-2024	TIME:	12:26 AM
NAME:	Huda Ibrahim		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	104		
BREATHING RATE:	42		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	117 / 85		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	50		
PRQ:	2.49		
ACTIVITY:	4		
SLEEP:	5		
EQUILIBRIUM:	2		
METABOLISM:	2		

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RELAXATION:	4		
HEMOGLOBIN:	Coming soon		
HBA1C:	4.0 – 5.6		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK