



DATE:	31-07-2024	TIME:	04:40 PM
NAME:	Elias Toubia		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			125
BREATHING RATE:			12
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			110 / 84
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			42
PRQ:			10.65
ACTIVITY:			4
SLEEP:			5
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK