



DATE:	10-08-2024	TIME:	01:54 PM
NAME:	I'll		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		129	
BREATHING RATE:		12	
OXYGEN SATURATION:		-1	
BLOOD PRESSURE:		114 / 68	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		34	
PRQ:		10.81	
ACTIVITY:		4	
SLEEP:		2	
EQUILIBRIUM:		1	
METABOLISM:		1	

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RELAXATION:		3	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK