



DATE:	25-08-2024	TIME:	10:30 PM
NAME:	Zebene		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		77	57
BREATHING RATE:		18	7
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		133 / 67	132 / 68
STRESS LEVEL:		Low	Low
HEART RATE VARIABILITY:		50	52
PRQ:		4.40	8.49
ACTIVITY:		4	5
SLEEP:		4	5
EQUILIBRIUM:		5	4
METABOLISM:		5	4

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RELAXATION:		4	2
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		6.5	6.5
CHOLESTEROL:		Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK