



DATE:	26-08-2024	TIME:	08:25 PM
NAME:	Matt		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	72		106
BREATHING RATE:	17		19
OXYGEN SATURATION:	98		-1
BLOOD PRESSURE:	114 / 72		116 / 69
STRESS LEVEL:	Low		Normal
HEART RATE VARIABILITY:	32		32
PRQ:	4.25		5.58
ACTIVITY:	4		4
SLEEP:	5		4
EQUILIBRIUM:	4		3
METABOLISM:	4		3

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RELAXATION:	2		3
HEMOGLOBIN:	Coming soon		Coming soon
HBA1C:	6.5		6.5
CHOLESTEROL:	Coming soon		Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK