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|------------------------|------------|---------|----------|
| DATE: | 18-12-2023 | TIME: | 08:51 PM |
| NAME: | rajtesting | | |
| | MORNING | MID-DAY | NIGHT |
| HEART RATE: | | 77 | |
| BREATHING RATE: | | 16 | |
| PRQ: | | 4.8 | |
| STRESS LEVEL: | | Low | |
| BLOOD PRESSURE: | | 125/74 | |
| HEART RATE VARIABLITY: | | 0.348 | |
| OXYGEN SATURATION: | | 96 | |
| HBA1C: | | 5.86 | |
| HEMOGLOBIN: | | 12.4 | |
| NOTES: | | | |

VITAL SIGNS

LOG BOOK