



| | | | |
|-------------------------|---------------------|---------------------|-------------------|
| DATE: | 25-12-2023 | TIME: | 06:54 AM |
| NAME: | testing on all | | |
| | MORNING (12AM-08AM) | MID-DAY (08AM-04PM) | NIGHT (04PM-12AM) |
| HEART RATE: | 52 | | |
| BREATHING RATE: | 19 | | |
| PRQ: | 2.7 | | |
| STRESS LEVEL: | High | | |
| BLOOD PRESSURE: | 116/73 | | |
| HEART RATE VARIABILITY: | 0.973 | | |
| OXYGEN SATURATION: | 99 | | |
| HBA1C: | 5.18 | | |
| HEMOGLOBIN: | 13.1 | | |
| NOTES: | | | |

VITAL SIGNS

LOG BOOK