



DATE:	22-03-2024	TIME:	02:08 PM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		78	
BREATHING RATE:		24	
PRQ:		3.2	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		124/79	
HEART RATE VARIABLITY:		22	
OXYGEN SATURATION:		99	
HBA1C:		5.22	
HEMOGLOBIN:		13.1	
NOTES:			

# VITAL SIGNS

## LOG BOOK