



DATE:	24-01-2024	TIME:	09:32 PM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			81
BREATHING RATE:			21
PRQ:			3.9
STRESS LEVEL:			Low
BLOOD PRESSURE:			119/73
HEART RATE VARIABILITY:			0.222
OXYGEN SATURATION:			99
HBA1C:			5.29
HEMOGLOBIN:			13.2
NOTES:			

# VITAL SIGNS

## LOG BOOK