



DATE:	24-01-2024	TIME:	11:41 AM
NAME:	Ankit S		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		73	
BREATHING RATE:		21	
PRQ:		3.4	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		119/73	
HEART RATE VARIABLITY:		0.422	
OXYGEN SATURATION:		99	
HBA1C:		5.22	
HEMOGLOBIN:		13.0	
NOTES:			

# VITAL SIGNS

## LOG BOOK