



DATE:	30-01-2024	TIME:	11:12 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			77
BREATHING RATE:			16
PRQ:			4.8
STRESS LEVEL:			Low
BLOOD PRESSURE:			
HEART RATE VARIABLITY:			29
OXYGEN SATURATION:			
HBA1C:			4.98
HEMOGLOBIN:			14.2
NOTES:			

VITAL SIGNS

LOG BOOK