



DATE:	31-01-2024	TIME:	12:33 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		78	
BREATHING RATE:		12	
PRQ:		6.3	
STRESS LEVEL:		Low	
BLOOD PRESSURE:			
HEART RATE VARIABLITY:		23	
OXYGEN SATURATION:			
HBA1C:		5.1	
HEMOGLOBIN:		12.2	
NOTES:			

# VITAL SIGNS

## LOG BOOK